

Phonics



- ❖ **Daily Phonics** sessions
<https://www.ruthmiskin.com/en/find-out-more/help-during-school-closure/>
- ❖ **Phonics Hunt.** Choose 3 sounds. Ask children to find things around the house which start with those sounds. Collect in 3 baskets or piles.
- ❖ **Letter formation.** Write the sounds in different ways, e.g. with water and a paintbrush outside, using chalks, in shaving foam in a tray, in rice in a tray, using paint. Practise NAME WRITING in this way too.
- ❖ **Blending.** Practise using Fred Fingers to blend sounds to make words
- ❖ **Nursery Rhymes** www.bbc.co.uk/teach/school-radio/eyfs-early-years/z6bgnrnd
- ❖ Play 'I Spy' to practise initial sounds.

Daily Learning

Tasks -

Nursery/Reception

Choose one task from each box every day to practise key skills.

You can do more if you'd like to!

Remember to have playtimes and lunch times! 😊

Maths



Counting

- ❖ Count objects from around the home or classroom e.g. teddies, socks, spoons etc. Remember to touch the object as you count it.
- ❖ Counting songs - search 'BBC School Radio Counting songs.'
- ❖ Find one more or one less. Use objects around the home or classroom. How many do we have? Count. What is one more? What is one less?

Adding

- ❖ Make two piles of objects from around the home e.g. apples. How many do we have altogether? Encourage to say the number sentences e.g. $4 + 3 = 7$. Extend to take away.

Exercise



- ❖ BBC Supermovers: <https://www.bbc.co.uk/teach/supermovers/ks2-collection/zr4ky9g>
- ❖ P.E with **Joe Wicks** daily live streams at 9am or watch later: <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>
- ❖ Daily dance sessions with **Oti Mabuse**: <https://m.facebook.com/OtiMabuse/>
- ❖ Cosmic Kids Yoga: https://www.youtube.com/channel/UC5uIZ2KOZZeQDQo_Gsi_qbQ
- ❖ Videos from Jack Haartman on YouTube
- ❖ Videos from The Singing Walrus on YouTube
- ❖ Playtime on BBC School Radio <https://www.bbc.co.uk/teach/school-radio/eyfs-playtime-index/zknrf4j>

Mindfulness



- ❖ Colouring
- ❖ Threading beads
- ❖ Jigsaws
- ❖ Yoga - search 'Cosmic Kids' on YouTube for story based yoga sessions
- ❖ Make glitter jars (search YouTube for an online tutorial)
- ❖ Lego building